

**Auflistung der Allergene in den Egle Lebensmitteln** (Änderungen vorbehalten)      Stand: 16.07.26

Die Angabe zu Spuren entspricht den im Betrieb verarbeiteten Lebensmitteln, aufgrund dessen es zu technologisch unvermeidbaren Spuren im Produkt kommen kann.

Glutenfrei = gemäß VO (EU) 828/2014

|                                       | Gluten | Krebs-<br>tiere | Eier   | Fisch | Erdnüsse | Soja   | Milch-<br>eiweiß/<br>Laktose | Schalenfrüchte<br>(Haselnuss, Mandel,<br>etc.) | Sellerie | Senf   | Sesam | Schwefel<br>und Sulfite | Lupine | Weichtiere<br>(Muscheln<br>etc.) | Hefe/-<br>extrakt |
|---------------------------------------|--------|-----------------|--------|-------|----------|--------|------------------------------|------------------------------------------------|----------|--------|-------|-------------------------|--------|----------------------------------|-------------------|
| <b>Öle</b>                            |        |                 |        |       |          |        |                              |                                                |          |        |       |                         |        |                                  |                   |
| Distel-Öl                             |        |                 |        |       |          |        |                              |                                                |          |        |       |                         |        |                                  |                   |
| Backöl mit Mandelgeschmack            |        |                 |        |       |          |        |                              |                                                |          |        |       |                         |        |                                  |                   |
| Backöl mit Vanillegeschmack           |        |                 |        |       |          |        |                              |                                                |          |        |       |                         |        |                                  |                   |
| Backöl mit Zitronengeschmack          |        |                 |        |       |          |        |                              |                                                |          |        |       |                         |        |                                  |                   |
| Brat- und Frittier-Öl                 |        |                 |        |       |          |        |                              |                                                |          |        |       |                         |        |                                  |                   |
| Brat-Öl mit Buttergeschmack           |        |                 |        |       |          |        | x                            |                                                |          |        |       |                         |        |                                  |                   |
| Brat-Öl mediterraner Geschmack        |        |                 |        |       |          |        |                              |                                                |          |        |       |                         |        |                                  |                   |
| Oliveöl Feine Küche                   |        |                 |        |       |          |        |                              |                                                |          |        |       |                         |        |                                  |                   |
| Omega-Öl Blaubeere                    |        |                 |        |       |          |        |                              |                                                |          |        |       |                         |        |                                  |                   |
| Natives Oliven-Öl extra vergine       |        |                 |        |       |          |        |                              |                                                |          |        |       |                         |        |                                  |                   |
| Natives Olivenöl extra 0,25l Sizilien |        |                 |        |       |          |        |                              |                                                |          |        |       |                         |        |                                  |                   |
| Balance-3-Speiseöl                    |        |                 |        |       |          |        |                              | x                                              |          |        |       |                         |        |                                  |                   |
| Balance-3-Öl Zitrone                  |        |                 |        |       |          |        |                              |                                                |          |        |       |                         |        |                                  |                   |
| Salat- und Rohkost-Öl, fruchtig       |        |                 |        |       |          |        |                              |                                                |          |        |       |                         |        |                                  |                   |
| Salat- und Rohkost-Öl, nussig         | x      |                 |        |       |          |        |                              | x                                              |          |        |       |                         |        |                                  |                   |
| Sonnenblumenkernöl                    |        |                 |        |       |          |        |                              |                                                |          |        |       |                         |        |                                  |                   |
| Rapskernöl                            |        |                 |        |       |          |        |                              |                                                |          |        |       |                         |        |                                  |                   |
| Gourmetöl italienische Kräuter        |        |                 |        |       |          |        |                              |                                                |          |        |       |                         |        |                                  |                   |
| Gourmetöl Jalapeno                    |        |                 |        |       |          |        |                              |                                                |          |        |       |                         |        |                                  |                   |
| Gourmetöl Knoblauch                   |        |                 |        |       |          |        |                              |                                                |          |        |       |                         |        |                                  |                   |
| Gourmetöl Kürbiskern                  |        |                 |        |       |          |        |                              |                                                |          |        |       |                         |        |                                  |                   |
| Gourmetöl Leindotter                  |        |                 |        |       |          |        |                              |                                                |          |        |       |                         |        |                                  |                   |
| Gourmetöl Rosmarin                    |        |                 |        |       |          |        |                              |                                                |          |        |       |                         |        |                                  |                   |
| Gourmetöl Walnuss                     |        |                 |        |       |          |        |                              | x                                              |          |        |       |                         |        |                                  |                   |
| <b>Fisch / Meeresfrüchte</b>          |        |                 |        |       |          |        |                              |                                                |          |        |       |                         |        |                                  |                   |
| Brathering                            | x      |                 | Spuren | x     |          | Spuren | Spuren                       |                                                | x        | Spuren |       |                         |        |                                  |                   |
| Bücklingsfilets (Hering geräuchert)   | Spuren |                 | Spuren | x     |          | Spuren | Spuren                       |                                                | Spuren   | Spuren |       |                         |        |                                  |                   |
| Forellenfilets geräuchert             |        |                 |        | x     |          |        |                              |                                                |          |        |       |                         |        |                                  |                   |
| Heller Thunfisch in Öl                |        |                 |        | x     |          |        |                              |                                                |          |        |       |                         |        |                                  |                   |
| Hering in Aspik                       | Spuren |                 | Spuren | x     |          | Spuren | Spuren                       |                                                | Spuren   | Spuren |       |                         |        |                                  |                   |
| Hering in Curry-Ananas                | Spuren |                 | Spuren | x     |          | Spuren | Spuren                       |                                                | Spuren   | x      |       | x                       |        | Spuren                           |                   |
| Hering in Senf-Dill                   | Spuren |                 | Spuren | x     |          | Spuren | Spuren                       |                                                | Spuren   | x      |       |                         |        | Spuren                           |                   |
| Hering in Tomatensauce                | Spuren |                 | Spuren | x     |          | Spuren | Spuren                       |                                                | Spuren   | Spuren |       |                         |        | Spuren                           |                   |
| Lachs in Tomate-Basilikum             | Spuren |                 | Spuren | x     |          | Spuren | Spuren                       |                                                | Spuren   | Spuren |       |                         |        |                                  |                   |
| Lachsfilets naturell                  | Spuren |                 | Spuren | x     |          | Spuren | Spuren                       |                                                | Spuren   | Spuren |       |                         |        |                                  |                   |
| Lachspastete Zitrone                  | Spuren |                 | Spuren | x     |          | Spuren | Spuren                       |                                                | Spuren   | x      |       |                         |        |                                  |                   |

|                                    | Gluten     | Krebs-<br>tiere | Eier   | Fisch  | Erdnüsse | Soja   | Milch-<br>eiweiß/<br>Laktose | Schalenfrüchte<br>(Haselnuss, Mandel,<br>etc.) | Sellerie | Senf   | Sesam  | Schwefel<br>und Sulfite | Lupine | Weichtiere<br>(Muscheln<br>etc.) | Hefe/-<br>extrakt |
|------------------------------------|------------|-----------------|--------|--------|----------|--------|------------------------------|------------------------------------------------|----------|--------|--------|-------------------------|--------|----------------------------------|-------------------|
| <b>Fisch / Meeresfrüchte</b>       |            |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Lachssalat mit Gemüse              | Spuren     |                 |        | x      |          | Spuren | Spuren                       |                                                | Spuren   | x      |        |                         |        |                                  |                   |
| Lachssalat mit Schwarzwurzel       | Spuren     |                 | x      | x      |          | Spuren | Spuren                       |                                                | Spuren   | x      |        | Spuren                  |        |                                  |                   |
| Makrelen in Öl                     |            |                 |        | x      |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Meeresfrüchte-Mix                  |            | x               |        | x      |          |        |                              |                                                |          |        |        |                         |        | x                                |                   |
| Weißer Thunfisch in Öl             |            | Spuren          |        | x      |          |        |                              |                                                |          |        |        |                         |        | Spuren                           |                   |
| Weißer Thunfisch naturell          |            | Spuren          |        | x      |          |        |                              |                                                |          |        |        |                         |        | Spuren                           |                   |
| Nordische Lachssuppe               | Spuren     |                 | Spuren | x      |          |        | x                            |                                                | x        | Spuren |        |                         |        | Spuren                           |                   |
| Fischtopf mit Gemüse               | Spuren     |                 | Spuren | x      |          | Spuren | Spuren                       |                                                | Spuren   | Spuren |        |                         |        | Spuren                           |                   |
| Thunfischsalat mild                | Spuren     |                 | Spuren | x      |          | Spuren | Spuren                       |                                                | Spuren   | Spuren |        |                         |        |                                  |                   |
| Thunfischsalat würzig              | Spuren     |                 | Spuren | x      |          | Spuren | Spuren                       |                                                | x        | Spuren |        |                         |        |                                  |                   |
| Thunfischzubereitung Mediterran    | Spuren     |                 | Spuren | x      |          | Spuren | Spuren                       |                                                | Spuren   | Spuren |        |                         |        | Spuren                           |                   |
| <b>Brotaufstriche</b>              |            |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Champignon-Pastete                 | Spuren     |                 |        |        | Spuren   | Spuren |                              | Spuren                                         | Spuren   | Spuren | Spuren |                         |        |                                  | x                 |
| Delikatess-Pastete                 | Spuren     |                 |        |        | Spuren   | Spuren |                              | Spuren                                         | Spuren   | Spuren | Spuren |                         |        |                                  | x                 |
| Kräuter-Pastete                    | Spuren     |                 |        |        | Spuren   | Spuren |                              | Spuren                                         | Spuren   | x      | Spuren |                         |        |                                  | x                 |
| Mediterraner Aufstrich Avocado     |            |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Mediterraner Aufstrich Paprika     |            |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Mediterraner Aufstrich Tom.-Rucola |            |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Pflanzliche Feine Teewurst         | x          |                 |        |        |          | x      |                              | Spuren                                         |          |        |        |                         |        |                                  | x                 |
| Pflanzliche Pfälzer Leberwurst     | x          |                 |        |        |          | x      |                              | Spuren                                         |          |        |        |                         |        |                                  | x                 |
| Pflanzliches Schmalz Apfel/Zwiebel | Spuren     |                 | Spuren |        |          | Spuren | Spuren                       |                                                | Spuren   | Spuren | Spuren |                         |        |                                  |                   |
| Pflanzliches Schmalz pfl. Grieben  | Spuren     |                 | Spuren |        |          | x      | Spuren                       |                                                | Spuren   | Spuren | Spuren |                         |        |                                  |                   |
| Pflanzliches Schmalz mit Kräutern  | Spuren     |                 | Spuren |        |          | Spuren | Spuren                       |                                                | Spuren   | Spuren | Spuren |                         |        |                                  |                   |
| Streichcr. Rote Bete&Meerrettich   | Glutenfrei |                 |        | Spuren |          | Spuren |                              | Spuren                                         | Spuren   |        | Spuren |                         |        |                                  |                   |
| Streichcreme Tomate-Basilikum      | Glutenfrei |                 |        | Spuren |          | Spuren |                              | Spuren                                         | Spuren   |        | Spuren |                         |        |                                  |                   |
| Streichcreme Zucchini-Curry        | Glutenfrei |                 |        | Spuren |          | Spuren |                              | Spuren                                         | Spuren   | x      | Spuren |                         |        |                                  |                   |
| <b>Puten-Wurst</b>                 |            |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Jagdwurst                          |            |                 |        |        |          |        |                              |                                                | Spuren   | x      |        |                         |        |                                  |                   |
| Lyoner                             |            |                 |        |        |          |        |                              |                                                | Spuren   | Spuren |        |                         |        |                                  |                   |
| Schinkenwurst                      |            |                 |        |        |          |        |                              |                                                | Spuren   | Spuren |        |                         |        |                                  |                   |
| <b>Rinder-Wurst</b>                |            |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Jagdwurst                          |            |                 |        |        |          |        |                              |                                                | Spuren   | x      |        |                         |        |                                  |                   |
| Lyoner, Pfeffer-Lyoner             |            |                 |        |        |          |        |                              |                                                | Spuren   | Spuren |        |                         |        |                                  |                   |
| Würstchen                          |            |                 |        |        |          |        |                              |                                                | Spuren   | Spuren |        |                         |        |                                  |                   |
| Bayrischer Leberkäse               |            |                 |        |        |          |        |                              |                                                | Spuren   | Spuren |        |                         |        |                                  |                   |
| Weißwurst                          |            |                 | Spuren |        |          |        | x                            |                                                | Spuren   | Spuren |        |                         |        |                                  |                   |

|                                  | Gluten     | Krebstiere | Eier   | Fisch  | Erdnüsse | Soja   | Milch-eiweiß/<br>Laktose | Schalenfrüchte<br>(Haselnuss, Mandel,<br>etc.) | Sellerie | Senf   | Sesam  | Schwefel<br>und Sulfite | Lupine | Weichtiere<br>(Muscheln<br>etc.) | Hefe/-<br>extrakt |
|----------------------------------|------------|------------|--------|--------|----------|--------|--------------------------|------------------------------------------------|----------|--------|--------|-------------------------|--------|----------------------------------|-------------------|
| <b>Suppen / Soßen</b>            |            |            |        |        |          |        |                          |                                                |          |        |        |                         |        |                                  |                   |
| Klare Delikatess-Suppe           | Spuren     |            | Spuren |        |          | Spuren | Spuren                   |                                                | x        | Spuren |        | Spuren                  |        |                                  | x                 |
| Gemüsebrühe                      | Spuren     | Spuren     | Spuren | Spuren | Spuren   | Spuren | Spuren                   | Spuren                                         | x        | Spuren | Spuren | Spuren                  | Spuren |                                  | x                 |
| Klare Brühe und Würze            | Glutenfrei |            | Spuren |        |          | Spuren |                          |                                                | Spuren   | Spuren |        | Spuren                  |        |                                  |                   |
| Gemüsebouillon salzarm           |            |            |        |        |          |        |                          |                                                | x        |        |        |                         |        |                                  | x                 |
| Braune Soße                      | Spuren     |            | Spuren |        |          | Spuren | Spuren                   |                                                | Spuren   | Spuren |        | Spuren                  |        |                                  | x                 |
| Helle Soße                       | x          |            | Spuren |        |          | Spuren | x                        |                                                | Spuren   | Spuren |        | Spuren                  |        |                                  | x                 |
| Sauce à la Hollandaise           | Spuren     |            | Spuren |        |          | Spuren | x                        |                                                | Spuren   | Spuren |        | Spuren                  |        |                                  | x                 |
| Steinpilzsoße                    | Spuren     |            |        |        |          |        | x                        |                                                | x        |        |        | Spuren                  |        |                                  | x                 |
| Tomatensuppe, -Soße              | x          |            | Spuren |        |          | Spuren | Spuren                   |                                                | Spuren   | Spuren |        | Spuren                  |        |                                  | x                 |
| Vegetarische Soße Bolognese      | x          |            | Spuren |        |          | x      | Spuren                   |                                                | Spuren   | Spuren |        | Spuren                  |        |                                  | x                 |
| Zwiebelsuppe                     | Glutenfrei |            |        |        |          |        |                          |                                                | x        |        |        |                         |        |                                  | x                 |
| Nudel-Tomaten-Sauce Arrabbiata   |            |            |        |        |          |        |                          |                                                | x        |        |        |                         |        |                                  |                   |
| Nudel-Tomaten-Sauce Toskana      |            |            |        |        |          |        |                          |                                                | x        |        |        |                         |        |                                  |                   |
| <b>Fertiggerichte</b>            |            |            |        |        |          |        |                          |                                                |          |        |        |                         |        |                                  |                   |
| Bündner Graupensuppe             | x          |            |        |        |          |        |                          | Spuren                                         | x        | Spuren |        |                         |        |                                  |                   |
| Bulgurpfanne                     | x          |            |        |        |          | Spuren |                          | Spuren                                         |          |        | Spuren |                         |        |                                  |                   |
| Chili con Carne                  |            |            |        |        |          |        |                          |                                                |          |        |        |                         |        |                                  |                   |
| Erbseneintopf mit Rindfleisch    |            |            |        |        |          |        |                          |                                                | x        |        |        |                         |        |                                  |                   |
| Gemüseeeintopf                   |            |            |        |        |          |        |                          |                                                | x        |        |        |                         |        |                                  |                   |
| Grünkernbratling                 | x          |            |        |        |          |        |                          |                                                |          |        |        |                         |        |                                  |                   |
| Gulasch-Suppe                    | x          |            | Spuren |        |          |        | Spuren                   | Spuren                                         | x        | Spuren |        |                         |        |                                  |                   |
| Hackbällchen Tomate-Kräutersoß   | x          |            |        |        |          |        |                          |                                                | Spuren   | Spuren |        |                         |        |                                  | x                 |
| Hirsgulasch                      | x          |            |        |        |          |        |                          |                                                |          | x      |        | Spuren                  |        |                                  |                   |
| Hühnerfrikassee                  | x          | Spuren     | Spuren | Spuren | Spuren   | Spuren | x                        | Spuren                                         | Spuren   | Spuren | Spuren | Spuren                  | Spuren | Spuren                           |                   |
| Hühnersuppe                      | Spuren     | Spuren     | Spuren | Spuren | Spuren   | Spuren | Spuren                   | Spuren                                         | x        | Spuren | Spuren | Spuren                  | Spuren | Spuren                           |                   |
| Kartoffeleintopf mit Rindfleisch |            |            |        |        |          |        | x                        |                                                |          |        |        |                         |        |                                  |                   |
| Kartoffelpüree                   | Spuren     |            |        |        |          |        | Spuren                   |                                                |          |        |        |                         |        |                                  |                   |
| Königsberger Klopse              | x          |            | Spuren |        |          |        | x                        | Spuren                                         | Spuren   | x      |        | Spuren                  |        |                                  | x                 |
| Linseneintopf                    | Spuren     |            | Spuren |        |          |        | Spuren                   | Spuren                                         | x        | Spuren |        |                         |        |                                  |                   |
| Maultaschen in Brühe             | x          |            | x      |        |          |        | Spuren                   |                                                | x        | x      |        |                         |        |                                  | x                 |
| Pancake-Mix                      |            |            |        |        |          |        |                          |                                                |          |        |        |                         |        |                                  | x                 |
| Putencurry süß-sauer             |            |            |        |        |          |        |                          |                                                |          |        |        |                         |        |                                  |                   |
| Ratatouille-Gemüse               |            |            |        |        |          |        |                          |                                                |          |        |        |                         | x      |                                  |                   |
| Ravioli in Bolognesesauce        | x          |            | x      |        |          |        | x                        |                                                |          |        |        |                         |        |                                  | x                 |
| Rehragout                        | x          |            |        |        |          |        |                          |                                                |          | x      |        | Spuren                  |        |                                  |                   |
| Rinderbraten in Rotweinsauce     |            |            |        |        |          |        |                          |                                                |          |        |        | Spuren                  |        |                                  |                   |
| Rinderbraten in Meerrettichsauce |            |            |        |        |          |        | x                        |                                                |          |        |        |                         |        |                                  |                   |
| Rinder-Gulasch                   | x          |            |        |        |          |        |                          |                                                |          |        |        |                         |        |                                  |                   |
| Rindfleisch-Geschnetzeltes       | x          |            | Spuren |        |          |        | Spuren                   | Spuren                                         | Spuren   | Spuren |        |                         |        |                                  |                   |

|                                 | Gluten     | Krebs-<br>tiere | Eier   | Fisch  | Erdnüsse | Soja   | Milch-<br>eiweiß/<br>Laktose | Schalenfrüchte<br>(Haselnuss, Mandel,<br>etc.) | Sellerie | Senf   | Sesam  | Schwefel<br>und Sulfite | Lupine | Weichtiere<br>(Muscheln<br>etc.) | Hefe/-<br>extrakt |
|---------------------------------|------------|-----------------|--------|--------|----------|--------|------------------------------|------------------------------------------------|----------|--------|--------|-------------------------|--------|----------------------------------|-------------------|
| <b>Fertiggerichte</b>           |            |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Rindergeschnetzeltes Stroganoff | Spuren     | Spuren          | Spuren | Spuren | Spuren   | Spuren | x                            | Spuren                                         | Spuren   | x      | Spuren | Spuren                  |        | Spuren                           |                   |
| Rinderroulade                   | Spuren     | Spuren          | Spuren | Spuren | Spuren   | Spuren | Spuren                       | Spuren                                         | Spuren   | x      | Spuren | x                       |        | Spuren                           |                   |
| Sauce Bolognese mit Rind        |            |                 |        |        |          |        |                              |                                                | x        |        |        | x                       |        |                                  |                   |
| Sauerbraten                     |            |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Schaschliktopf mit Rind         |            |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Steinpilzrisotto                |            |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Veganes Gulasch                 |            |                 |        |        |          | x      |                              | x                                              |          |        |        |                         |        |                                  |                   |
| Vegetarisches Hack              | Glutenfrei |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| <b>Würzen</b>                   |            |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Aceto Balsamico                 |            |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Apfel-Balsamessig               |            |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Bianco Essig                    |            |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Kräuteressig                    |            |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Salatfix Gartenkräuter          | Glutenfrei |                 | Spuren |        |          | Spuren |                              |                                                | Spuren   | Spuren |        |                         |        |                                  |                   |
| Salatdressing Balsamico         |            |                 |        |        |          |        |                              |                                                |          | x      |        |                         |        |                                  |                   |
| Salatdressing Gartenkräuter     |            |                 |        |        |          |        |                              |                                                |          | x      |        |                         |        |                                  |                   |
| Salatdressing Honig-Senf        |            |                 |        |        |          |        |                              |                                                |          | x      |        |                         |        |                                  |                   |
| Sweet-Chili-Sauce               | Spuren     |                 | Spuren |        | Spuren   | Spuren | Spuren                       | Spuren                                         | Spuren   | Spuren |        |                         |        |                                  |                   |
| Thai-Mango-Sauce                | Spuren     |                 | Spuren |        | Spuren   | Spuren | Spuren                       | Spuren                                         | Spuren   | Spuren |        |                         |        |                                  |                   |
| Salatkräuter-Mischung           |            |                 |        |        |          |        | Spuren                       |                                                | Spuren   | Spuren |        |                         |        |                                  |                   |
| Suppengrün getrocknet           |            |                 |        |        |          |        |                              |                                                | x        |        |        |                         |        |                                  |                   |
| Zwiebeln gefriergetrocknet      |            |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| <b>Gewürze</b>                  |            |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Alpenkräuter-Würzmischung       |            |                 |        |        |          |        |                              |                                                |          | Spuren |        |                         |        |                                  |                   |
| Würzmischung für Gemüse         |            |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Würzmischung für Fleisch        |            |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Hildegarg Kräuter               | Spuren     |                 |        |        |          |        |                              |                                                | Spuren   | Spuren |        |                         |        |                                  |                   |
| Kräutersalz                     | Spuren     |                 | Spuren |        |          |        | Spuren                       |                                                | x        | Spuren |        |                         |        |                                  |                   |
| <b>Brot, Heißgetränke</b>       |            |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Brotbackmischung                | x          |                 |        |        |          | Spuren |                              |                                                |          |        |        |                         |        |                                  |                   |
| Brotkörbchen                    | x          |                 |        |        |          |        |                              |                                                |          |        |        |                         | Spuren |                                  | x                 |
| Hafer-Brot                      | x          |                 |        |        |          |        |                              |                                                |          |        |        |                         | Spuren |                                  | x                 |
| Knusperbrot                     | Glutenfrei |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Saatenbrot                      | x          |                 |        |        |          |        |                              |                                                |          |        |        |                         | Spuren |                                  | x                 |
| Trinkschokolade                 |            |                 |        |        |          | Spuren | Spuren                       | Spuren                                         |          |        |        |                         |        |                                  |                   |
| Getreide-Kaffee                 | x          |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Kaffee Primero/ Intenso         |            |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Kaffee entkoffeiniert           |            |                 |        |        |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Cappuccino                      |            |                 |        |        |          |        | x                            |                                                |          |        |        |                         |        |                                  |                   |

|                                     | Gluten     | Krebs-<br>tiere | Eier   | Fisch | Erdnüsse | Soja   | Milch-<br>eiweiß/<br>Laktose | Schalenfrüchte<br>(Haselnuss, Mandel,<br>etc.) | Sellerie | Senf   | Sesam  | Schwefel<br>und Sulfite | Lupine | Weichtiere<br>(Muscheln<br>etc.) | Hefe/-<br>extrakt |
|-------------------------------------|------------|-----------------|--------|-------|----------|--------|------------------------------|------------------------------------------------|----------|--------|--------|-------------------------|--------|----------------------------------|-------------------|
| <b>Nudeln, Knabbern</b>             |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Buchstaben-Suppennudeln             | x          |                 | Spuren |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Dinkel-Bandnudeln                   | x          |                 | Spuren |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Dinkel-Spiralen                     | x          |                 | Spuren |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Cappelletti mit Linsenfüllung       | x          |                 |        |       |          | x      | Spuren                       |                                                | Spuren   |        |        |                         |        |                                  | x                 |
| Ravioli mit Käse-Spinatfüllung      | x          |                 |        |       |          | x      | x                            |                                                | Spuren   |        |        |                         |        |                                  | x                 |
| Ravioli mit Tomate-Käse-Füllung     | x          |                 |        |       |          | x      | x                            |                                                | Spuren   |        |        |                         |        |                                  | x                 |
| Tortellini mit Käsefüllung          | x          |                 |        |       |          | x      | x                            |                                                | Spuren   |        |        |                         |        |                                  | x                 |
| Tortellini mit Steinpilzfüllung     | x          |                 |        |       |          | x      | Spuren                       |                                                | Spuren   |        |        |                         |        |                                  | x                 |
| Dinkel-Backerbsen                   | x          |                 |        |       |          |        | x                            |                                                | Spuren   |        | Spuren |                         |        |                                  |                   |
| Dinkel-Käse-Gebäck                  | x          |                 | Spuren |       |          | x      | x                            | Spuren                                         |          |        | Spuren |                         |        |                                  |                   |
| Kichererbsen Tomate-Basilikum       |            |                 |        |       |          |        |                              |                                                |          | Spuren |        |                         |        |                                  |                   |
| Knabberback. Knoblauch-Zwiebel      | x          |                 |        |       |          |        | Spuren                       |                                                |          |        |        |                         |        |                                  |                   |
| Knabberbackerbsen Kräuter           | x          |                 |        |       |          |        | Spuren                       |                                                |          |        |        |                         |        |                                  |                   |
| Knabberbackerbsen Paprika           | x          |                 |        |       |          |        | Spuren                       |                                                |          |        |        |                         |        |                                  |                   |
| Salattopping mediterran             |            |                 |        |       |          | x      |                              | Spuren                                         |          |        |        |                         |        |                                  |                   |
| <b>Trockenfrüchte, Nüsse</b>        |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Dattelkonfekt                       | Spuren     |                 |        |       | Spuren   |        | x                            | x                                              |          |        |        |                         |        |                                  |                   |
| Erdbeeren in Vollmilchschokolade    |            |                 |        |       |          | x      | x                            | Spuren                                         |          |        |        |                         |        |                                  |                   |
| Himbeeren in Beerenschokolade       |            |                 |        |       |          | x      | x                            | Spuren                                         |          |        |        |                         |        |                                  |                   |
| Ingwer in Schokolade                | Spuren     |                 | Spuren |       |          | Spuren | Spuren                       | Spuren                                         |          |        | Spuren |                         |        |                                  |                   |
| Ingwerstäbchen kandiert             | Spuren     |                 | Spuren |       |          | Spuren | Spuren                       | Spuren                                         |          |        | Spuren |                         |        |                                  |                   |
| Kichererbsen in ZBSchokolade        |            |                 |        |       |          |        | Spuren                       | Spuren                                         |          |        |        |                         |        |                                  |                   |
| Kürbiskerne in Zartbitterschokolade |            |                 |        |       |          | x      | Spuren                       | Spuren                                         |          |        |        |                         |        |                                  |                   |
| Sauerkirschen in ZBSchokolade       |            |                 |        |       |          | x      | Spuren                       | Spuren                                         |          |        |        |                         |        |                                  |                   |
| <b>Fruchtgummis, Bonbons</b>        |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Beerenfrüchtchen                    | Glutenfrei |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Fruchtbärchen                       | Glutenfrei |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Saure Stäbchen                      | Glutenfrei |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Ingwerbonbons                       |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| <b>Gebäck</b>                       |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Dinkel-Amaretti                     | x          |                 |        |       |          |        |                              | x                                              |          |        | Spuren |                         |        |                                  |                   |
| Dinkel-Baumkuchenschnitten          | x          |                 | x      |       |          | Spuren | x                            | x                                              |          |        | Spuren |                         |        |                                  |                   |
| Dinkel-Cantuccini                   | x          |                 | Spuren |       |          |        | x                            | x                                              |          |        | Spuren |                         |        |                                  |                   |
| Dinkel-Knusperhasen                 | x          |                 | Spuren |       |          | Spuren | x                            | Spuren                                         |          |        | Spuren |                         |        |                                  |                   |
| Dinkel-Müslikeks                    | x          |                 |        |       |          |        |                              | x                                              |          |        | Spuren |                         |        |                                  |                   |
| Dinkel-Nervenkekse                  | x          |                 |        |       |          |        | x                            | Spuren                                         |          |        | Spuren |                         |        |                                  |                   |
| Dinkel-Rüblikekse                   | x          |                 |        |       |          |        |                              | Spuren                                         |          |        | Spuren |                         |        |                                  |                   |
| Dinkel-Spritzgebäck                 | x          |                 | Spuren |       |          |        | x                            | Spuren                                         |          |        |        |                         |        |                                  |                   |
| Dinkel-Zitronenkekse                | x          |                 |        |       |          |        |                              | x                                              |          |        | Spuren |                         |        |                                  |                   |
| Dinkel-Zwieback                     | x          |                 |        |       |          |        |                              |                                                |          |        | Spuren |                         |        |                                  | x                 |

|                                          | Gluten     | Krebstiere | Eier   | Fisch | Erdnüsse | Soja   | Milch-eiweiß/<br>Laktose | Schalenfrüchte<br>(Haselnuss, Mandel,<br>etc.) | Sellerie | Senf | Sesam  | Schwefel<br>und Sulfite | Lupine | Weichtiere<br>(Muscheln<br>etc.) | Hefe/-<br>extrakt |
|------------------------------------------|------------|------------|--------|-------|----------|--------|--------------------------|------------------------------------------------|----------|------|--------|-------------------------|--------|----------------------------------|-------------------|
| <b>Gebäck</b>                            |            |            |        |       |          |        |                          |                                                |          |      |        |                         |        |                                  |                   |
| Mandelhörnchen                           | Glutenfrei |            | x      |       |          | Spuren | Spuren                   | x                                              |          |      | Spuren |                         |        |                                  |                   |
| Meister-Keks Klassik                     | x          |            | Spuren |       |          |        | x                        | Spuren                                         |          |      |        |                         |        |                                  |                   |
| Meister-Keks Schoko                      | x          |            | Spuren |       |          |        | Spuren                   | Spuren                                         |          |      | Spuren |                         |        |                                  |                   |
| Meister-Keks Hafer-Kokos                 | x          |            | Spuren |       |          |        | Spuren                   | Spuren                                         |          |      |        |                         |        |                                  |                   |
| Mohnkuchenschnitte                       | x          |            | x      |       |          | Spuren | x                        | x                                              |          |      | Spuren |                         | Spuren |                                  |                   |
| Wiener Kaffeehausschnitte                | x          |            | x      |       |          | Spuren | x                        | x                                              |          |      | Spuren |                         |        |                                  |                   |
| <b>Riegel, Waffeln, Schokolade</b>       |            |            |        |       |          |        |                          |                                                |          |      |        |                         |        |                                  |                   |
| Haferriegel Nuss                         | x          |            | Spuren |       |          | Spuren | Spuren                   | x                                              |          |      | Spuren |                         |        |                                  |                   |
| Haferriegel Schoko                       | x          |            | Spuren |       |          | Spuren | x                        | Spuren                                         |          |      | Spuren |                         |        |                                  |                   |
| Müslischnitte                            | x          |            |        |       |          | Spuren |                          | x                                              |          |      |        |                         |        |                                  |                   |
| Müslischnitte mit Schokolade             | x          |            |        |       |          | Spuren |                          | x                                              |          |      |        |                         |        |                                  |                   |
| Dinkel-Knusperwaffeln                    | x          |            | Spuren |       |          | Spuren | x                        | x                                              |          |      | Spuren |                         |        |                                  |                   |
| Haselnuss-Waffeln                        | x          |            | Spuren |       |          | Spuren | Spuren                   | x                                              |          |      |        |                         |        |                                  |                   |
| Kaffeebohnen in Zartbitter               | Spuren     |            |        |       | Spuren   | Spuren | Spuren                   | Spuren                                         |          |      |        |                         |        |                                  |                   |
| Schokoriegel Beere                       | Spuren     |            |        |       | Spuren   | Spuren | Spuren                   | Spuren                                         |          |      |        |                         |        |                                  |                   |
| <b>Edelfrucht</b>                        |            |            |        |       |          |        |                          |                                                |          |      |        |                         |        |                                  |                   |
| Apfel-Holunderblüte                      |            |            |        |       |          |        |                          |                                                |          |      |        |                         |        |                                  |                   |
| Aprikose                                 |            |            |        |       |          |        |                          |                                                |          |      |        |                         |        |                                  |                   |
| Erdbeere                                 |            |            |        |       |          |        |                          |                                                |          |      |        |                         |        |                                  |                   |
| Himbeere ohne Kerne                      |            |            |        |       |          |        |                          |                                                |          |      |        |                         |        |                                  |                   |
| Ingwer-Orange                            |            |            |        |       |          |        |                          |                                                |          |      |        |                         |        |                                  |                   |
| Johannisbeere ohne Kerne                 |            |            |        |       |          |        |                          |                                                |          |      |        |                         |        |                                  |                   |
| Mango-Maracuja                           |            |            |        |       |          |        |                          |                                                |          |      |        |                         |        |                                  |                   |
| Rhabarber                                |            |            |        |       |          |        |                          |                                                |          |      |        |                         |        |                                  |                   |
| Sauerkirsche                             |            |            |        |       |          |        |                          |                                                |          |      |        |                         |        |                                  |                   |
| Zwetschge mit Gewürzen                   |            |            |        |       |          |        |                          |                                                |          |      |        |                         |        |                                  |                   |
| <b>Honig, Nuss-Cremes</b>                |            |            |        |       |          |        |                          |                                                |          |      |        |                         |        |                                  |                   |
| Blütenhonig                              |            |            |        |       |          |        |                          |                                                |          |      |        |                         |        |                                  |                   |
| Sommerblütenhonig                        |            |            |        |       |          |        |                          |                                                |          |      |        |                         |        |                                  |                   |
| Waldhonig                                |            |            |        |       |          |        |                          |                                                |          |      |        |                         |        |                                  |                   |
| Cashew-Creme                             |            |            |        |       | Spuren   | Spuren |                          | x                                              |          |      |        |                         |        |                                  |                   |
| Nuss-Nougat-Creme                        |            |            |        |       | Spuren   |        | Spuren                   | x                                              |          |      | Spuren |                         | x      |                                  |                   |
| <b>Müsli, Frühstücksbrei, Haferkleie</b> |            |            |        |       |          |        |                          |                                                |          |      |        |                         |        |                                  |                   |
| 5-Korn-Basismüsli                        | x          |            |        |       |          | Spuren | Spuren                   | Spuren                                         |          |      | Spuren |                         |        |                                  |                   |
| Amaranth-Müsli                           | x          |            |        |       |          | Spuren | Spuren                   | x                                              |          |      | x      |                         |        |                                  |                   |
| Apfel-Knuspermüsli                       | x          |            |        |       | Spuren   |        | Spuren                   | Spuren                                         |          |      | Spuren |                         |        |                                  |                   |
| Bircher-Müsli                            | x          |            |        |       |          | Spuren | Spuren                   | x                                              |          |      | Spuren |                         |        |                                  |                   |
| Dinkel-Früchte-Müsli                     | x          |            |        |       |          | Spuren | Spuren                   | Spuren                                         |          |      | Spuren |                         |        |                                  |                   |
| Erdbeer-Knuspermüsli                     | x          |            |        |       | Spuren   |        | Spuren                   | Spuren                                         |          |      | Spuren |                         |        |                                  |                   |
| Gute-Laune-Müsli                         | x          |            |        |       | Spuren   |        | Spuren                   | Spuren                                         |          |      | Spuren |                         |        |                                  |                   |

|                                                | Gluten     | Krebs-<br>tiere | Eier   | Fisch | Erdnüsse | Soja   | Milch-<br>eiweiß/<br>Laktose | Schalenfrüchte<br>(Haselnuss, Mandel,<br>etc.) | Sellerie | Senf   | Sesam  | Schwefel<br>und Sulfite | Lupine | Weichtiere<br>(Muscheln<br>etc.) | Hefe/-<br>extrakt |
|------------------------------------------------|------------|-----------------|--------|-------|----------|--------|------------------------------|------------------------------------------------|----------|--------|--------|-------------------------|--------|----------------------------------|-------------------|
| <b>Müsli, Frühstücksbrei, Haferkleie</b>       |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Himbeer-Mandel-Krokant-Müsli                   | x          |                 |        |       |          | Spuren | Spuren                       | x                                              |          |        | Spuren |                         |        |                                  |                   |
| Nuss-Müsli                                     | x          |                 |        |       |          | Spuren | Spuren                       | x                                              |          |        | x      |                         |        |                                  |                   |
| Protein-Fitness-Müsli                          | x          |                 |        |       |          | x      | Spuren                       | Spuren                                         |          |        | Spuren |                         |        |                                  |                   |
| Schoko-Kokos-Knuspermüsli                      | x          |                 |        |       |          | Spuren | Spuren                       | Spuren                                         |          |        | Spuren |                         |        |                                  |                   |
| Vielfrucht-Müsli                               | x          |                 |        |       |          | Spuren | Spuren                       | Spuren                                         |          |        | Spuren |                         |        |                                  |                   |
| Frühstücksbrei Dinkel-Mandel                   | x          |                 |        |       |          | Spuren | Spuren                       | x                                              |          |        | Spuren |                         |        |                                  |                   |
| Haferkleie mit Keim                            | x          |                 |        |       |          | Spuren | Spuren                       | Spuren                                         |          |        | Spuren |                         |        |                                  |                   |
| <b>Fruchtzubereitungen, alternatives Süßen</b> |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Agaven-Dicksaft                                |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Sanddorn-Orange                                |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Wild-Preiselbeeren                             |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| <b>Fürs Wohlbefinden</b>                       |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Artischocken-Ampullen                          |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Cranberry-Direktsaft                           |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Darmwohl-Saft                                  | x          |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Fitness-Gemüse-Kick                            |            |                 |        |       |          |        |                              |                                                | x        |        |        |                         |        |                                  |                   |
| Gelée Royale                                   | x          |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Gelée Royale in Honigwein                      | x          |                 |        |       |          |        |                              |                                                |          |        |        | Spuren                  |        |                                  | x                 |
| Goldene Milch                                  | Spuren     |                 |        |       | Spuren   |        |                              |                                                | Spuren   |        |        |                         |        |                                  |                   |
| Granatapfel-Direktsaft                         |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Gute-Nacht-Trunk                               |            |                 |        |       |          |        |                              |                                                |          |        |        | Spuren                  |        |                                  | x                 |
| Holunder-Direktsaft                            |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Honigsirup                                     |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Ingwer-Kick                                    |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Kalium-Kick                                    |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Magenwohl-Trinkampullen                        |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Magnesium-Täfelchen                            | x          |                 |        |       |          | Spuren | Spuren                       | x                                              |          |        |        |                         |        |                                  |                   |
| Manukahonigbonbons                             | Glutenfrei |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Multi-A+C-Saft                                 |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Multi-Eisen-Saft                               |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Multi-Vitamin-D-Saft                           |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Propolis im Honig                              |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Propolis&Salbei Lutschtabletten                |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Figur-Balance Gemüsesuppe                      | Spuren     |                 | Spuren |       |          | x      | x                            |                                                | x        | Spuren |        | Spuren                  |        |                                  | x                 |
| Figur-Balance Kartoffelsuppe                   | Spuren     |                 | Spuren |       |          | x      | x                            |                                                | x        | Spuren |        | Spuren                  |        |                                  | x                 |
| <b>alkoholische Getränke</b>                   |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Weine, Prosecco, Sekt u. ä.                    |            |                 |        |       |          |        |                              |                                                |          |        |        | x                       |        |                                  |                   |
| Schlehenlikör                                  |            |                 |        |       |          |        |                              |                                                |          |        |        |                         |        |                                  |                   |
| Kräuterlikör                                   |            |                 |        |       |          |        |                              | x                                              |          |        |        |                         |        |                                  |                   |

|                                    | Gluten     | Krebs-<br>tiere | Eier   | Fisch | Erdnüsse | Soja   | Milch-<br>eiweiß/<br>Laktose | Schalenfrüchte<br>(Haselnuss, Mandel,<br>etc.) | Sellerie | Senf | Sesam  | Schwefel<br>und Sulfite | Lupine | Weichtiere<br>(Muscheln<br>etc.) | Hefe/-<br>extrakt |
|------------------------------------|------------|-----------------|--------|-------|----------|--------|------------------------------|------------------------------------------------|----------|------|--------|-------------------------|--------|----------------------------------|-------------------|
| <b>Weihnachtsprodukte (Saison)</b> |            |                 |        |       |          |        |                              |                                                |          |      |        |                         |        |                                  |                   |
| Dinkel-Anissterne                  | x          |                 |        |       |          |        |                              | Spuren                                         |          |      | Spuren |                         |        |                                  |                   |
| Dinkel-Pfefferkuchen               | x          |                 | Spuren |       |          |        | x                            | Spuren                                         |          |      | Spuren |                         |        |                                  |                   |
| Dinkel-Spekulatius                 | x          |                 | Spuren |       |          | Spuren | Spuren                       | Spuren                                         |          |      | Spuren |                         |        |                                  |                   |
| Dinkel-Vanillekipferl              | x          |                 |        |       |          |        |                              | x                                              |          |      | Spuren |                         |        |                                  |                   |
| Edelmarzipan-Kartoffeln            |            |                 |        |       |          |        |                              | x                                              |          |      |        |                         |        |                                  |                   |
| Elisenlebkuchen                    | x          |                 | x      |       |          | Spuren | Spuren                       | x                                              |          |      | Spuren |                         |        |                                  |                   |
| Feinste Dominosteine               | x          |                 | Spuren |       |          | Spuren | Spuren                       | x                                              |          |      | Spuren |                         | Spuren |                                  |                   |
| Früchtebrot                        | Glutenfrei |                 | Spuren |       |          | Spuren | Spuren                       | x                                              |          |      | Spuren |                         | Spuren |                                  |                   |
| Früchtepunsch                      |            |                 |        |       |          |        |                              |                                                |          |      |        |                         |        |                                  |                   |
| Glühwein rot                       |            |                 |        |       |          |        |                              |                                                |          |      |        | x                       |        |                                  |                   |
| Glühwein weiß                      |            |                 |        |       |          |        |                              |                                                |          |      |        | x                       |        |                                  |                   |
| Marzipan-Mini-Brote                | Spuren     |                 |        |       |          | Spuren | Spuren                       | x                                              |          |      | Spuren |                         |        |                                  |                   |
| Oblaten-Lebkuchen                  | x          |                 | x      |       |          | Spuren | Spuren                       | x                                              |          |      |        |                         | x      |                                  |                   |
| Oblaten-Lebkuchen Kirschwasser     | x          |                 | x      |       |          | Spuren | Spuren                       | x                                              |          |      |        |                         | Spuren |                                  |                   |
| Zimtsterne                         |            |                 | x      |       |          | Spuren | Spuren                       | x                                              |          |      | Spuren |                         | Spuren |                                  |                   |